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RCMP officers in YVR Tasering to speak at inquiry

BRAIDWOOD The four RCMP officers who Tasered Robert Dziekanski at Vancouver International Airport are expected to take the stand today in an inquiry into the death.

The confrontation, which was caught on video, has been seen by millions worldwide. The officers, who have been widely criticized for their actions, remained silent until now. Their testimony at the Braidwood Inquiry is not meant to assign blame, but to shed light on the events of Oct. 14, 2007.

On that day, RCMP constables Gerry Rundel, Bill Bentley, Kwesi Millington and Benjamin Robinson were called to YVR's arrivals reception area where a distraught Dziekanski was reportedly throwing furniture.

Within 30 seconds the officers Tasered Dziekanski multiple times before pinning and handcuffing him. The Polish immigrant was pronounced dead when paramedics arrived 15 minutes later.

METRO VANCOUVER

Riding the Recession

Now through the end of March, Metro will share advice on how to cut down on expenses and navigate your way through the recession.

Comments

- **Anne Hines provides readers with an 'Are you ready for the recession?' questionnaire, pg 8**

Workology

- **Got money on your mind? We introduce you to a financial therapist, pg 10**

This week

- **Health: How to grocery shop on a tighter budget**

Best actress **Winslet win**

GARY HERSHORN/REUTERS/HOP

Britain's Kate Winslet holds her Oscar for best actress for her role in The Reader during the 81st Academy Awards last night in Hollywood, Calif. More coverage, pgs 12,13.

No quick fix: Victims

Hundreds at anti-violence rally

JEFF HODSON
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There is no easy fix to the recent spike of violence in the gang capital of Canada, an MP and victim of violence told a community rally in Surrey yesterday.

Surrey North MP Dona Cadman, whose son Jesse was stabbed to death in 1992, told a crowd of about 600 people at Central City Plaza in Surrey yesterday that efforts to curb gang violence will require the involvement of community leaders and all three levels of government.

"Everyone would like to find an easy solution to this violence in our midst, but it's not that simple," said Cadman.

"We here in the community can not expect the police and the courts, on their own, to fix this for us. We parents must be part of the solution: Know your street, know your neighbour, and most importantly, take time to know your children."

Cadman said stronger sentencing is needed for chronic offenders and gang members. She also called for judges with "backbone" to make use of strong sentencing guidelines and to look at ways of making judges more accountable.

The rally, organized by two young Surrey men, Trevor Loke, 20, and Paul Hillsdon, 19, included speakers whose families have been impacted by gang violence.

Eileen Mohan

Eileen Mohan, whose 22-year-old son Chris was an innocent bystander killed at a Surrey highrise in 2007, said that public safety and security should be the No. 1 priority of elected officials and implored the crowd to visit their MPs office or send emails demanding change.

Federal petition

- Speaking at the rally yesterday, B.C. solicitor general John van Dongen said he was travelling to Ottawa this week to petition federal politicians for changes to the Criminal Code, specifically to get rid of two-for-one "dead time" for people awaiting trial and to allow police access to alleged criminals' BlackBerrys.

ShareYourViews
vancouverletters@metronews.ca

Chen to appear before Hong Kong judge in Vancouver

HEARING Asian pop superstar Edison Chen, who fled Hong Kong in disgrace 18 months ago after nude photos of himself with other major celebrities were posted on the Internet, is scheduled to appear in an unusual court hearing in Vancouver today.

Chen, who grew up in Vancouver, is to testify before a Hong Kong judge and lawyers over the next five days.

The hearing is taking place here because Chen, 26, refused to return to Hong Kong to give evidence at the trial of a computer technician who is facing charges of distributing pictures of the actor after he took his laptop in for repairs.

That's when the explicit photos of him with different women, some identifiable as famous actresses, singers and models, including the celebrity wife of one of Chen's boyhood friends Nicholas Tse, another pop singer/actor in Asia, appeared online.

Chen himself is not facing charges.

TORSTAR NEWS SERVICES

Internet search

- Google said last December that Edison Chen's name was the most searched in Asia.

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Flash mob dances on SkyTrain
Hundreds of people crowded on the SkyTrain and boogied to the music on their iPods in a flash mob dance party organized on Facebook. Around 5,400 people were signed up on the guest list for the silent dance party on Saturday. NEWS1130.COM

Local

Bollywood star in Surrey

Bollywood megastar Sridevi, left, was in Surrey this weekend promoting the East West Asian Lifestyle Show. Sridevi then flew to Los Angeles, where she was expected to attend the Oscars alongside her brother-in-law and Slumdog Millionaire star Anil Kapoor. NEWS1130.COM

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News in brief

LANGUAGE STUDIES The Vancouver School Board has voted unanimously to start teaching Mandarin in some elementary schools, following similar moves made recently in North Vancouver and Burnaby. Edmonton has been teaching Mandarin in elementary and high schools for 27 years.

FIRE An apartment fire in Surrey that forced 70 people to leave their homes re-ignited the next day, news1130.com reports. The three-storey wood building went up in flames on Friday and again on Saturday. No one was injured. The cause of the fire is under investigation.

HIT AND RUN Police in New Westminster are asking for the public's help finding the suspect in a hit and run, news1130.com reports. A 19-year-old man was riding his skateboard near 6th Avenue and 2nd Street early Friday morning when he was hit by a light-coloured truck or SUV.

METRO NEWS SERVICES

SPCA makes some time for feral felines

KRISTEN THOMPSON
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Some of Vancouver's abandoned and feral cats got some much-needed TLC yesterday at a free medical clinic offered by the B.C. SPCA.

Jamie Lawson, chief animal health officer with the organization, said roughly 40 cats were brought into the animal hospital to be spayed or neutered, vaccinated and treated for diseases, parasites and injuries.

They were released after being treated.

"There's a huge population of cats out there in dire need of human care," Lawson said. "There are almost as many homeless cats in the U.S. as there are (pet) cats, and we're probably not that far off (here)."

Lawson said the clinic will help reduce the number of feral kittens being born, thereby preventing their suffering.

"Most of these cats lead very short, brutal lives," he said. "Kittens starve, predators pick them up and they get physically traumatized."

He said feral cats are secretive and hide during the day, and it took a large group of volunteers to trap the animals brought into the clinic.

"I (was) delighted to see so many vets and techs coming out and donating their day off to feral cats," Lawson said. "This is a community problem and the only way to solve it is as a community."

Two dead after head-on collision in Delta

TRAGEDY Two women were killed in a head-on collision in Delta yesterday.

Police Const. Sharlene Brooks said it appears a car travelling westbound on Nordel Way just after midnight crossed the centre line into oncoming traffic.

"Both occupants of the westbound vehicle, a 22-year-old female from Surrey and a 23-year-old female from North Delta suffered fatal injuries at the scene," Brooks said.

The driver of the eastbound car was taken to hospital and treated for minor injuries.

The names of the victims have not been released and investigators are trying to determine if any other factors contributed to the accident.

METRO VANCOUVER

Fundraiser **Walk to the top**

JEFF HODSON/METRO VANCOUVER

A Lower Mainland firefighter reaches the 48th floor of the Sheraton Vancouver Wall Centre yesterday morning in the B.C. Lung Association's annual Climb the Wall: The Stairclimb for Clean Air. About 550 people, including 109 firefighters carrying gear weighing 30 kilograms, helped raise $150,000 for lung health.

Yoga session raises funds for arthritis

KRISTEN THOMPSON
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Around 100 people got out of the cold Vancouver rain yesterday and into a steaming hot gymnasium for a group yoga session and national fundraiser for arthritis research.

The third annual Power Of Movement event took place in 10 cities across Canada and was established to raise money for arthritis research while celebrating mobility.

People of all ages and fitness levels took part — including some in wheelchairs — at Vancouver's event at the Crofton House School.

Kim Scarrow, who learned she had inflammatory arthritis of the spine when she was 18 after getting hurt in basketball practice, led the mega class.

She said she opened Vancouver's first Moksha Yoga studio to share the therapeutic discipline with others.

KRISTEN THOMPSON/METRO VANCOUVER

Participants strike a pose at the third annual Power Of Movement yoga class at Crofton House School in Vancouver yesterday. The event raises money for arthritis research.

Fundraiser facts

- More than 600,000 British Columbians live with arthritis.
- Power Of Movement has raised more than $150,000 in its first two years.

Whistler resort says defective chairlift bolts have been replaced

SAFETY All bolts similar to the one that caused a Whistler chairlift to fall last week have been replaced, the resort's operators announced.

According to Intrawest, a single chair became loose and fell from the Harmony Express lift on Thursday morning. The chair was empty and no one was injured, but the incident is receiving media attention from around the world because the resort will be hosting Winter Olympic events one year from now.

The lift was shut down for two days while the B.C. Safety Authority and lift manufacturer Leitner-Poma of America investigated. It was discovered that a mounting bolt had failed, according to CBC News Online.

Intrawest called it an isolated incident and announced that all similar bolts have been replaced.

METRO VANCOUVER

Similar incident

- Last December, 53 people were trapped when a buildup of ice caused a tower on Blackcomb's Excalibur gondola to split in half, causing the line to sag and some cars to hit the ground.

metronews.ca
WHAT'S ONLINE TODAY

Video Bill Clinton talks to CNN's Larry King about the stimulus bill, Palestine and BlackBerrys at **metronews.ca/world**

Video Bathurst, N.B. basketball team takes provincial title a year after tragic van crash at **metronews.ca/canada**

Lotteries

Friday, Feb. 20
Lotto Super 7: 12, 15, 18, 31, 33, 40 & 42 Bonus 1
Extra: 15, 30, 95, 98
Saturday, Feb. 21
Lotto 6/49: 11, 20, 33, 34, 37 & 39 Bonus 22
BC 49: 10, 19, 40, 42, 44 & 49 Bonus 48
Extra: 43, 83, 93, 99
These results are not official.

Obama's taste of B.C.
U.S. President Barack Obama got a taste of B.C. during his visit to Ottawa last Thursday. He and Prime Minister Stephen Harper were served Quail's Gate 2007 Chenin Blanc, which is from Kelowna, during their luncheon. METRO VANCOUVER

Cop calms family of kidnapped student

Vancouver police Sgt. Joe Chu, who is fluent in Mandarin, is being credited with helping calm down the parents of a kidnapped student from China.

On Thursday, the 18-year-old University of British Columbia student was freed by Vancouver police after spending three days in captivity. More than 100 officers and civilians assisted in the rescue. Four men have been arrested and are facing kidnapping charges.

Insp. Les Yeo, who led the rescue of Graham McMynn in 2004 and was the team commander again, praised Chu in a release.

"Imagine you are these parents, living thousands of miles away from their child, and you don't speak the language," Yeo said. "Who are you going to call?"

The student was allegedly taken from his home in the west end on Feb. 15. His parents were contacted in China and a ransom demand was made through a third party in Canada.

It was Chu who made the call with the good news.

"It was an incredible moment to say to the parents, 'We have your son,'" Chu said.

METRO VANCOUVER

Court sentences man to house arrest for manslaughter

CONFRONTATION A Burnaby man who killed a visiting Afghan singer with a punch will not spend any time in jail.

Ahmad Froogh has been sentenced to two years of house arrest to be served at his parents' home.

The 22-year-old, who was convicted of manslaughter last year, will also be on probation for three years.

Nasrat Parsa, 36, performed a Mother's Day concert at the Queen Elizabeth Theatre in Vancouver in 2005.

Froogh, who was 19 at the time, attended the concert with his brothers, then followed Parsa to his hotel to ask for autographs.

A confrontation ensued and Parsa punched the singer in the face. Nasrat fell down a set of stairs, hit his head and died in hospital.

Froogh's family members were seen hugging and crying in court after they learned he won't be going to jail, according to CBC News Online.

One of Parsa's cousins was also in court. He said their family will be disappointed.

METRO NEWS SERVICES

News in brief

ANGRY FAMILY An East Vancouver family says they are furious police broke down their door and raided their home in an alleged gang-related investigation, CBC News Online reports. The Rangi family said no one in the family has any connection to gangs — although one of their sons is in jail for drug trafficking — and they'd have let the police in if they had asked.

GUILTY PLEA Three men from Toronto have pleaded guilty to kidnapping a Richmond woman from her car in June 2008. She was rescued by police the following day and was unhurt. Peng Li will be sentenced Feb. 27, and Wen Yang Shan and Matthew Liu are scheduled for sentencing in October. METRO NEWS SERVICES

Yaletown Illuminated as Canada Line nears completion

YALETOWN The spotlight — and hundreds of other lights too — shone on one of Vancouver's hippest neighbourhoods this weekend.

The first Illuminate Yaletown festival, which attracted thousands, was organized to promote the area as Canada Line construction nears its end.

"This was truly a one of a kind experience and showcased Yaletown in a whole new light," said Annette O'Shea, executive director of the Yaletown Business Improvement Association.

PHOTO COURTESY YBIA

Spectators watch a fire juggler at the Illuminate Yaletown festival.

The event featured more than 25 light-art installations created by local designers and situated at shops, buildings and restaurants throughout the Heritage District.

METRO VANCOUVER

Suspect turns himself in

KRISTEN THOMPSON
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WARNING A man wanted in connection with a series of armed robberies in Vancouver turned himself in to police after seeing himself in the news.

Const. Jana McGuinness said the 45-year-old man approached an officer outside the police station near Main and Hastings streets, saying he had fallen on hard times.

"Robbery charges are expected, but have not yet been laid," McGuinness said.

Police had issued a public warning about a man on Thursday morning, after four businesses and a commuter were targeted in a week, each victim being held up by a man with a large hunting knife.

"Robbery charges are expected." Const. Jana McGuinness

Police believe the suspect is also responsible for two other robberies earlier this winter.

Man jumps from ninth floor after stabbing wife five times

DISPUTE A Coquitlam man in his 50s died after stabbing his wife several times and then jumping off a ninth floor balcony.

His wife, who is also in her 50s, was taken to hospital in critical condition, but is expected to survive.

RCMP Cpl. Peter Thiessen said police arrived at the home on Austin Avenue at 10:30 on Friday morning after getting a domestic dispute call.

It was the second time in 42 hours that a man fell to his death from a balcony on that street.

On Thursday, a 25-year-old man fell from a fourth floor window on Austin Street.

Four men were arrested. Police haven't said if that incident was gang-related.

METRO VANCOUVER

Police to question father in deaths of 2 Quebec children
The father of two small children found dead in their home in the Quebec community of Piedmont will be questioned by investigators as soon as possible, police said yesterday. He was discovered Saturday in need of medical attention for an apparent drug overdose, police said, along with the bodies of a three-year-old girl and five-year-old boy. **CBC NEWS ONLINE**

Canada

Silver Dart replica lifts off

Nearly 1,000 people lined the shores of Nova Scotia's Baddeck Bay yesterday morning to watch a former Canadian astronaut fly a replica of the Silver Dart, a day before the 100th anniversary of the first powered flight in Canada. Bjarni Tryggvason lifted off from the frozen bay in the fragile biplane and flew for about 10 metres before setting down. **CBC NEWS ONLINE**

Health-care use booming

Nearly half of the whopping $76-billion increase in national health-care spending over the past decade is due to accelerated use of the system by all Canadians, says a new report.

Contrary to popular belief, population growth and aging are not the major causes of increased health-care spending, according to Value for Money: Making Canadian Health Care Stronger, a discussion paper released today by the Health Council of Canada, a non-profit agency established in 2003 to report on the progress of the Canadian health-care system.

"What's going on is Canadians across all age groups are using health care more."
Dr. Danielle Martin

"The fear that the aging population is what's going to cripple the health care system doesn't actually seem to be all that well-founded," said Dr. Danielle Martin, chair of the council's Value for Money committee, which authored the report.

"The frail and the elderly don't use health care as much as we think. What's going on is Canadians across all age groups are using health care more."

Using data compiled by the Canadian Institute for Health Information, the council found increases in the use of such services as surgeries, treatments and prescriptions account for 48 per cent of the growth in spending.

Population growth is responsible for a 14 per cent increase, the number of people living longer, about 11 per cent, while inflation is responsible for 27 per cent of spending growth.

TORSTAR NEWS SERVICE

News in brief

STUDY Researchers at Montreal's McGill University who looked at the brains of suicide victims said yesterday their findings have helped support theories that childhood abuse can alter the genes and cause lifelong damage. **REUTERS**

AFGHANISTAN Washington's new focus on development and diplomacy in Afghanistan could point the direction for Ottawa's future role in the troubled nation after Canadian troops are withdrawn in 2011, Foreign Affairs Minister Lawrence Cannon said.

LABOUR A Chinese recycling facility that bought thousands of tons of paper from Toronto's blue box system has been accused by a Hong Kong human rights organization of labour violations and causing numerous worker injuries and deaths. **TORSTAR NEWS SERVICE**

Deaths of Ontario welfare kids alarming: Advocate

REPORT Ninety children known to Ontario's child welfare system died in 2007, according to the latest report from the chief coroner's office — a number the province's new child advocate says is shocking and should trouble us all.

Irwin Elman

Equally disturbing, says Irwin Elman in his first annual report to the provincial legislature today, is the government's refusal to share detailed information on the deaths with his office.

Elman, who has worked with youth in the care of Children's Aid Societies in Toronto for more than 20 years, said he had "no idea" so many of these children could perish in a year in Ontario. Nor did he know that the number of children who have died has been constant since the late 1990s, when the coroner's office began tracking their deaths.

Elman notes the deaths represent less than a quarter of all children who died in the province in 2007 and are a fraction of the 26,260 open cases of Children's Aid Societies. But the number of deaths is "too high by any standard."

Most of the deaths were preventable, the chief coroner's annual Pediatric Death Review Committee report concluded last June.

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TSX 60 / NYSE

Italy toughens penalties for rape

Italy's government rushed through a decree on Friday toughening penalties for sex offenders and permitting neighbourhood citizen patrols after a spate of rapes blamed on immigrants won publicity and sparked national outrage. REUTERS

World/Business

Four die in Cairo explosion

EGYPT A bomb thrown into a crowded square killed four people in the Egyptian capital of Cairo yesterday, including a French woman and another tourist, officials said.

The explosion struck near the Khan el-Khalili market in eastern Cairo. Egyptian Health Minister Hatem el-Gabali said a French woman was among the dead and that 17 other people were wounded, including 10 French tourists, one German and three from Saudi Arabia. REUTERS

Taliban kidnaps official, 6 guards

PAKISTAN Taliban militants kidnapped the top government administrator and six of his guards in Pakistan's northwestern Swat Valley yesterday, the group and officials said. A Taliban spokesperson said the group plans to free the official after discussing some "issues" with him. REUTERS

Kashmir **Shooting outrage**

DANISH ISMAIL/REUTERS

A Kashmiri girl shouts slogans during the funeral of Mohammed Amin yesterday in Bumai, Kashmir. Protests erupted in Indian Kashmir yesterday over the killing of two Muslim youth in a shooting incident blamed on the army, police and witnesses said.

Blast kills miners

More than 70 dead in northern China

An explosion in a mine belonging to China's biggest coking coal producer killed more than 70 miners in Shanxi province yesterday and scores more were rescued after being trapped underground for hours.

Xinhua news agency said 436 miners were working underground when the accident occurred at the Tunlan mine near Taiyuan, the capital of the northern province.

Many of the survivors were quickly brought to the surface but at least 60 were trapped underground. Rescuers said some of the trapped miners managed to contact their families on their mobile phones.

Xinhua said 114 miners were in hospital and five were in a critical condition.

"The focus of our effort has shifted from searching and rescue to medical treatment," Xinhua quoted the provincial Communist Party committee chief Zhang Baoshun as saying.

The gas blast happened the day after senior provincial officials held a conference about mine safety when they pledged to try to put an end to fatal mining accidents. The mine produces coking coal for the steel industry and can produce five million tons a year, Xinhua said.

It is owned by Shanxi Coking Coal Group which is the parent of Shenzhen-listed Shanxi Xishan Coal and Electricity Power and Shanghai-listed Shanxi Coking Co. REUTERS

Suspect industry

- China's mining industry is the world's most dangerous, though the Xinhua news agency said the Tunlan mine had a good reputation because no accidents had occurred there in the past decade.

Pregnant woman dead, 11-year-old facing charges

U.S. An 11-year-old boy is facing adult charges in the shooting death of his father's pregnant girlfriend, authorities told CNN.com Saturday.

Police allege the boy shot Kenzie Marie Houk, who was eight months pregnant, once at point-blank range in her farmhouse in western Pennsylvania.

The boy was charged with one count each of criminal homicide and homicide of an unborn child in the death of Houk, 26, Lawrence County District Attorney John Bongivengo said. METRO NEWS SERVICES

News in brief

WASHINGTON U.S. President Barack Obama on Friday vowed strict oversight of his $787-billion US stimulus plan, Reuters reports, pushing back against Republicans who have labelled the centrepiece of his economic agenda fiscally irresponsible.

SOMALIA Islamist insurgents killed 11 Burundi soldiers in Somalia's capital Mogadishu yesterday in deadly attack on an African Union peacekeeping force, Reuters reports.

CHILE A child in Bahia Inglesa, Chile, found a skeleton while building a sandcastle yesterday, Metro Chile reports. METRO NEWS SERVICES

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Business

MasterCard, Visa eye debit

Two major international credit card companies are poised to enter Canada's debit market, a move that could alter the structure of the payments industry and lead to higher fees for business and consumers.

Both Visa and MasterCard confirm they're interested in offering debit cards in Canada, a market now dominated by the non-profit Interac association, saying their presence would allow overseas use and online purchasing for consumers, and fee flexibility for merchants.

The president of MasterCard Canada says the non-profit's monopoly results in irrational pricing that precludes true market competition.

The fee merchants pay to accept debit cards could rise 300 per cent, said the Retail Council of Canada, at a cost of billions of dollars — a cost that owners would then be forced to pass on to consumers, adds the Canadian Federation of Small Business. TORSTAR NEWS SERVICE

Interac's origins

- Interac was formed in 1996 as a non-profit, made up of banks, credit unions, ATM operators, gas stations and others. Non-profit status was used to take away the incentive to restrict access for profit.

In **brief**

EARNINGS Canadian banks are expected to post weaker quarterly results when they kick off their reporting season on Wednesday — but are still expected to turn a profit, analysts say. The banks' conservative lending practices helped them avoid writedowns and losses, but performance may well deteriorate into 2009 as the recession sets in. REUTERS

ECONOMY Consumer prices fell 0.3 per cent in January for the fourth monthly decline in a row as the lower costs of buying and leasing cars was only partially offset by higher gas prices. TORSTAR NEWS SERVICE

BANKRUPTCY There have been a combined 33 Chapter 7 and Chapter 11 bankruptcy filings in the U.S. in 2009, up from 14 at this point last year. REUTERS

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Comment & Views

Comment

Are you recession ready?

HineSight

Anne Hines

An advantage of working as a writer is that you're never aware that the economy *isn't* in recession. For most members of my profession, being a writer in Canada is about as lucrative as being an actor in Canada or a women's hockey player anywhere.

Still it's impossible to deny that our current economic situation may be going from bad to "Ho boy, that hurts." So for those who did not plan ahead by weaning your family off expensive luxuries such as food and housing, here's a quick questionnaire to test whether you're prepared for what might lie ahead.

Are You Recession-Ready?

1.) Do you see this Metro newspaper as:

a) A convenient, cost-efficient means of accessing news and entertainment?

b) Toilet paper.

2.) When tallying up your saleable assets do you include:

a) Your condo, car and the sorry remains of your stock portfolio.

b) Your vital organs.

3.) In order to balance your household budget will your strategy be to:

a) Offset rising grocery prices by decreasing wasted food.

b) Offset rising grocery prices by decreasing the squirrel population.

4.) Izaak Walton famously said, "Health is a blessing money cannot buy." In your opinion these are the words of:

a) A wise visionary.

Riding the **Recession**

b) Someone who never had to live without a prescription drug plan.

5.) Which of these traits do you consider most useful in surviving a recession?

a) Patience, restraint and hope.

b) The ability to chew and digest tree bark.

6.) The best way to save money on your children is by encouraging them to explore the time-honoured traditions of:

a) Simple pleasures.

b) Running away and joining a circus.

7.) If faced with a choice between giving up your VIP cable TV package or selling your mother into slavery, would your response be:

a) This is outrageous. I love my mother.

b) Does the package include the fishing channel?

8.) For you, the upside of this recession is realizing that:

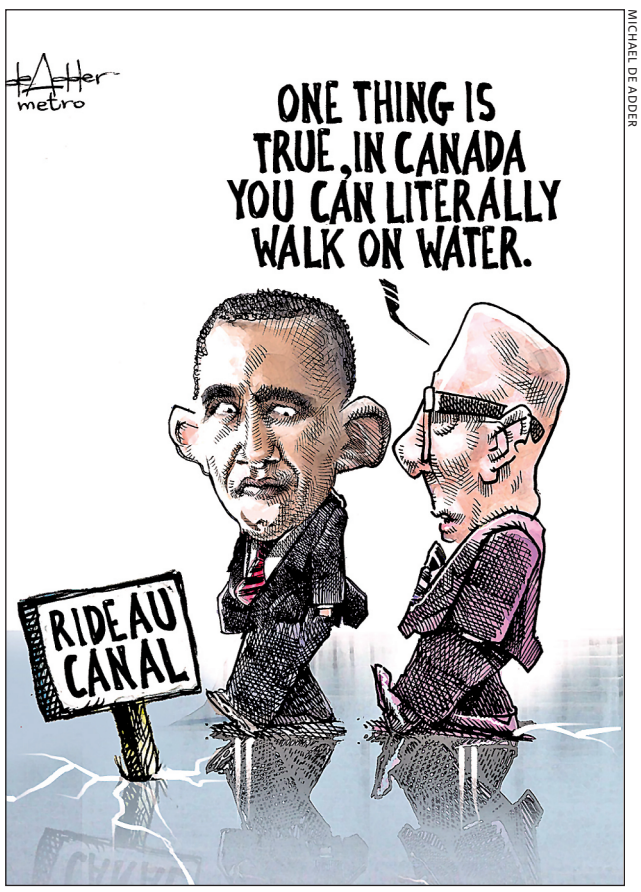
a) What really matters are friends and family.

b) You'll still have something to complain about long after winter is done.

If you answered a) to all or most of these questions, you have as much chance of beating this recession as a Timbits team up against the Calgary Flames.

But, if you answered b) to all or most of these questions, you're recession ready and good to go ... anywhere except the mall.

Anne Hines is an author and humour writer. She has written three novels and one collection of nonfiction humour.



MICHAEL DE ADDER

Metro Online Poll Results

26% SAID YES

Were you taken by President Obama's Canadian charm offensive?

Weigh in on today's question at metronews.ca

74% SAID NO

Metro readers can find Derek Moscato's In Transit column at metronews.ca/comment today. Find out why Moscato says nautical and political enthusiasts are watching this week's meeting between Kevin Falcon, B.C.'s transportation and infrastructure minister, and his federal counterpart John Baird.

It's your turn to tell others what you think. Email your thoughts and opinions to: vancouverletters@metronews.ca
Letters must include sender's full name, address and phone number – street name and phone numbers will NOT be published. We reserve the right to edit letters.

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metro readers get the chance to WIN BIG!

Debbie Kruse, *Langley*

Adrienne Bird, *Vancouver*

Mamz Jacob, *Vancouver*

On Friday, Steve Gimza from Metro randomly selected 3 lucky readers and presented them with tickets for Saturday's Lotto 6/49 jackpot, estimated at $48 million.

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Jones shoots down T.O. rumours
Dallas Cowboys owner Jerry Jones on Saturday denied an ESPN report the team is considering releasing receiver Terrell Owens. METRO NEWS SERVICES

Sports

EDITOR: JOHN.CHICK@METRONEWS.CA

DAVE SANDFORD/GETTY IMAGES

Mats Sundin is mobbed by teammates after Saturday's shootout winner in Toronto.

A fitting tribute

ToulBox

Scott Rintoul

scott.rintoul@team1040.ca

Hats off to everyone involved with Mats Sundin's return to Toronto on Saturday night. Given some of the anger that lingered since Sundin decided to enforce his no-trade clause at last year's trading deadline, there were questions as to what to do and how it would be received by the fans at the Air Canada Centre on the tenth anniversary of the building.

Not only did the Maple Leafs do a sensational job with how the organization chose to salute the leading scorer in franchise history, the fans played their part perfectly.

There were mostly cheers when it was announced that Sundin would be in Vancouver's starting lineup, yet there was little response to his first shift. A video tribute to Sundin was played during the first TV timeout, which led to a moving standing ovation for the big Swede.

Kudos to Alain Vigneault for getting Sundin on the ice following the rousing response, and to linesman Derek Amell for waiting until the applause began to die down before he dropped the puck. Though Sundin made little impact during the game, he rose to the occasion at the deciding moment by providing the winning goal on the final attempt of the shootout. The former Leafs' captain was then named the game's first star so that those in attendance could say their final farewells. It was the perfect ending to a night that was handled perfectly.

• Saturday's win also reinforced just how well things are going for the Canucks in February. Vancouver was clearly subpar for the first forty minutes, Roberto Luongo allowed another weak goal, yet the Canucks did enough to register their eighth victory in nine games this month.

After tying the game with less than four minutes to go in regulation, Vancouver killed off two Toronto power plays, including 94 seconds of 4-on-3 in overtime. Despite the aforementioned goal that beat him five-hole, Luongo was magnificent with the game on the line and finished with 36 saves.

No matter what type of game presents itself these days, the Canucks are convinced they are going to find a way to win and that is more valuable than any statistic or system in hockey.

• Hands up if you saw this coming from Alex Burrows. Not only has he already established career-highs for points (32) and goals (15), he has saved his best hockey for big moments. He started the season with two goals and a memorable celebration in the Luc Bourdon tribute game. He scored a game-winner against the Stanley Cup champs in Detroit in October and another two weeks ago to snap the Canucks' eight-game losing streak. He chalked up three points in Sundin's first game in Canucks' colours, and recently scored tying goals which ultimately led to victories in St. Louis and Toronto.

He is by far the best story of the season in Vancouver, and he's making minimum wage by NHL standards. But his most endearing trait is the unrelenting work ethic that continues despite his offensive outburst.

Want to weigh in? Send me an email at scott.rintoul@team1040.ca

Scott Rintoul is a college athlete, sports fan and broadcaster. He can be heard Monday-Friday on the TEAM 1040 from 6-9 a.m.

Sports in brief

SKIING Lindsey Vonn became the most successful American skier in the women's World Cup yesterday when victory in a super-G gave her a 19th race win. She overtook Tamara McKinney's previous record of 18 wins, when, after starting cautiously, she finished at full speed to claim victory in one minute 21.72 seconds in the Italian resort of Tarvisio. Kelly Vanderbeek of Kitchener, Ont., was the top Canadian, finishing seventh. Emily Brydon of Fernie, B.C., was 12th. REUTERS

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Metro Workology exclusive: Matters of the Heart

Don't miss Matters of the Heart, Metro's exclusive feature series in the Workology section. There are jobs to be had that focus on falling in love, falling out of love and everything in between; we will be digging up the stories for you, so check for Workology and Metronews.ca/work often.

Workology

'Rant Like Rick' returns

Memorial University's "Rant Like Rick" student recruitment campaign is back for its third year. The contest asks Grade 11 and 12 students to film their own rant in the style of comedian Rick Mercer. This year's grand prize is worth $10,000 and includes free tuition and books for a year. Two runners-up will each receive tuition credit worth $2,550. METRO NEWS SERVICES

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

OddJobs

Got money on your mind?

One of Amanda Mills' clients was a successful businesswoman who claimed the only thing missing in her life was a man. And better finances.

After a chat with Mills, however, the woman realized her money was a mess because subconsciously she actually wanted to keep men at a distance.

It's the kind of "Aha!" moment that fills many of Mills' sessions. As one of the few financial therapists in the world, she's able to get clients talking about money and its emotional underpinnings.

Often what they discover leads them to more in-depth psychotherapy — Mills has colleagues that she refers out to. As well, Mills has suggested clients take martial arts classes to help them feel more secure, instead of putting that pressure on money.

As a financial therapist, Amanda Mills tries to pinpoint the emotional underpinnings that her patients have with their money.

Mills did not start out in the financial industry. Originally from Toronto, she did a BA in English at Carleton University in Ottawa, and then moved to Montreal. There, she took a basic accounting course, liked it, and then got a job as a bookkeeper.

She moved back to Toronto and began managing Theatre Passe Muraille, which was two full years of income in debt at the time. She did that challenging job for nearly three years. "I got dismayed that so much time and energy went into cash flow. It was taking time away from the art."

She started up a small accounting firm called Artbooks that aimed to help arts organizations with their finances so they could get past the money and focus on creation.

For 15 years, that company kept her busy. But she started to notice that one client would have $500 in the bank and be stressed, while another with the same amount felt elated. She always kept a box of Kleenex in her office, and it got used a lot.

"That's when I began to see that money isn't about the economy, it's about the feeling," she says.

She'd already taken numerous courses and workshops on various therapy techniques, and helped co-write a book on childhood trauma. So she combined these skills with her financial know-how and launched her financial therapy business Loose Change.

Now, for half the year, she sees clients through Artbooks, specifically to do their taxes. And once taxes are done, she talks with Loose Changes clients about the stress and strain money puts on their lives. (She also runs weekend workshops to talk money, confidence and myths.)

It takes about three sessions to find out what's keeping people from coping with their financial issues. "It's a place where people can think clearly about money with no judgment," she says. And the Kleenex box: It still gets well used.

The Lowdown

Job title: Financial therapist
Salary: $180 per session
Education: Combination of training in financial planning and therapy
Best part of the job: "Connecting with people. There's no façade with me about how much people have or make, so people are emotionally honest."
Worst part of the job: "Seeing the hardship."

Diane Peters once hawked magic pens at the Canadian National Exhibition. She's now a writer and part-time journalism instructor.

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Explorer hits his peak

BRIAN COULTON
for Metro Canada

"You Canadians are used to the cold, far more than us Brits. But let me tell you, -45 C takes some getting used to."
Tom Avery on the North Pole

When Tom Avery was a boy, he used to climb the bookshelves and trees that populated his England home. Now, he's conquering unnamed mountains in the Himalayas that no one has ever climbed before.

"It really is like going back to the Victorian era and exploring these places for the very first time," he said on the phone from his London home. "There are tracks of forest that are waiting to be mapped and rivers waiting to be kayaked and navigated for the first time."

Avery, 33, is a professional explorer. Since his teenaged years, he's visited more than 50 countries, completing expeditions in places like the Andes, the Alps, New Zealand, South America, East Africa, Central Asia and the South Pole. In his new book, To the End of the Earth, Avery details his 2005 journey to the North Pole, which made him just the 41st person to reach both Poles.

While travelling the world for a living may sound like an exciting career, Avery said those stricken with such wanderlust as him must be aware of and comfortable with the potential for danger on trips like his North Pole one.

"As soon as you step foot on the Arctic Ocean, the place is basically trying to kill you," he said. Not only did he have to deal with climactic perils like freezing open waters and 60 foot-high walls of ice, but also with bitterly cold North Pole temperatures.

"You Canadians are used to the cold, far more than us Brits. But let me tell you, -45 C takes some getting used to."

You've also got to be used to finding the money to fund expeditions. "It's not all glamorous snow and ice," said Avery. "I've also got to be back here in the U.K. because that's the only time I get to earn a living." Surely Avery's former job as an accountant gives him a fundraising advantage, but he uses channels like giving lectures to business and schools, writing books and working with sponsors to support exploration's financial needs.

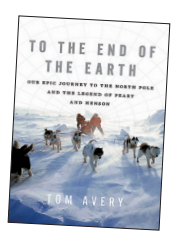
But, if pennilessness prevents you from gallivanting overseas, don't despair. Avery himself said he is envious of just how much of the great outdoors Canada has to offer.

"Canadians are so lucky because you have untamed wilderness in your backyard. There are so many courses available. It doesn't have to be dog sledding to the North Pole. With kayaking, hill walking (and) mountaineering, there's so much to do!"

PHOTO SUBMITTED

Tom Avery is one of only 41 people yet to have journeyed to the North Pole as well as the South Pole on foot.

Check out Tom Avery's book when it hits the shelves on March 17.



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The Pitt-Jolie connection

Taraji P. Henson enjoyed working with Brad Pitt on the Curious Case of Benjamin Button so much, she plans to team up with his partner Angelina Jolie for a film as soon as they can free up some time in their busy schedules. **FEMALEFIRST.CO.UK**

Entertainment

Star power

George Clooney has been granted a meeting with U.S. President Barack Obama to discuss the crisis in Darfur. Clooney, a UN messenger of peace, will ask Obama to help end conflict.

FEMALEFIRST.CO.UK

EDITOR: DEAN.LISK@METRONEWS.CA

Slumdog sweeps Oscars

Rags-to-riches romance picks up eight awards

Rags-to-riches romance Slumdog Millionaire scooped up eight Oscars on Sunday, the most of any movie this year, including best motion picture.

Among the Slumdog honours, Briton Danny Boyle was named best director for the often dark but ultimately hopeful tale about a poor Indian boy who competes for love and money on a TV game show, and writer Simon Beaufoy won adapted screenplay.

"You've been been so generous to us this evening, and I want to thank you for that," Boyle said to the Academy Award audience when accepting his Academy Award.

Boyle also thanked his family, the film's makers, and the entire city of Mumbai, where Slumdog was shot.

Kate Winslet was named best actress for her dramatic turn as a former Nazi prison guard who involves herself in a love affair with a teenage boy in The Reader. She fought back tears when accepting her trophy and remembered a time as an eight-year-old when she dreamed of winning one of the world's top film award.

Sean Penn earned his second Oscar for best actor, portraying slain gay rights activist Harvey Milk in Milk.

Early honours went to Penelope Cruz who became the first Spanish actress to win an Academy Award for her supporting role in Vicky Cristina Barcelona. Heath Ledger was posthumously named best supporting actor for his villainous role as The Joker in Batman movie The Dark Knight.

But Slumdog was the big winner, also earning Oscars for best cinematography, sound mixing, film editing, original score for composer A.R. Rahman and best song, Jai Ho for Rahman and lyricist Gulzar.

In the night's one big surprise, Japanese movie Departures beat the favorite, Israeli film Waltz With Bashir, for foreign language film.

Holding back tears when her award was announced, Cruz thanked Woody Allen, director of Vicky Cristina Barcelona, and Spanish director Pedro Almodovar, who was instrumental in putting her on a track to stardom. She dedicated the Oscar to her family and "everyone who has helped me from the beginning."

The award for Ledger, who died last year of an accidental prescription drug overdose, brought the crowd to its feet. He became only the second actor after Peter Finch to win posthumously.

The Oscar was accepted by his father, Kim Ledger, sister Kate and mother Sally Bell. "This award tonight would have humbly validated his quiet determination to be truly accepted by you all here, his peers, in an industry he truly loved," Kim Ledger said.

In other awards, Dustin Lance Black won the best original screenplay Oscar for writing Milk, about slain gay activist Harvey Milk, and Wall-E, telling of a futuristic robot who finds love while on a polluted Earth, was best animated film.

The Curious Case of Benjamin Button walked off with two statuettes for best art direction and makeup, and The Duchess won for best costume design.

Man on Wire about a tightrope walker who dared to walk between New York's Twin Towers was named best documentary.

As the ceremony began, host Hugh Jackman put the show in full musical mode with an opening routine that drew a standing ovation from the star-studded crowd that included nominees Brad Pitt, Angelina Jolie, Mickey Rourke and Anne Hathaway.

The number covered all five of the best film nominees and had Jackman dancing hip hop, hitting high notes in a duet with Hathaway for Frost/Nixon and climbing to the top rope of a fake wrestling ring to crescendo his song with The Wrestler. **REUTERS**

REUTERS PHOTOS

Penelope Cruz, above, picked up the award for best supporting actress last night while Danny Boyle, right, received the best director award for Slumdog Millionaire.

The 81st Annual Academy Awards

Winners' list

- Motion Picture: Slumdog Millionaire.
- Actor: Sean Penn, Milk.
- Actress: Kate Winslet, The Reader.
- Supporting Actor: Heath Ledger, The Dark Knight.
- Supporting Actress: Penelope Cruz, Vicky Cristina Barcelona.
- Director: Danny Boyle, Slumdog Millionaire.
- Foreign Film: Departures, Japan.
- Adapted Screenplay: Simon Beaufoy, Slumdog Millionaire.
- Original Screenplay: Dustin Lance Black, "Milk."
- Animated Feature Film: WALL-E.
- Cinematography: Slumdog Millionaire.
- Costume: The Duchess.
- Makeup: The Curious Case of Benjamin Button.
- Animated Short Film: La Maison en Petits Cubes.
- Live Action Short Film: Spielzeugland (Toyland).
- Academy Award winners previously announced this season: Jean Hersholt Humanitarian Award (Oscar statuette): Jerry Lewis

AcademyAwards

Chris Alexander

For a no-holds-barred account of how it all went down, read his blog at metronews.ca

Lopez, Anthony throw birthday party for twins
Jennifer Lopez and Marc Anthony, right, celebrated the first birthday of twins Max and Emme with a party at their Bel Air home on Saturday. About 50 guests, including Nicole Richie, Joel Madden and their daughter Harlow, 1, attended. **PEOPLE.COM**

Oscar fashion: Hits and misses

The 81st Annual Academy Awards

RedHotCarpet

Enza Anderson
enza.supermodel.anderson@gmail.com

Which stars wowed audiences with their gorgeous gowns? Which celebrities made the biggest fashion faux pas? Metro columnist Enza Anderson lays out the good, the bad and the ugly of red carpet couture at the 81st annual Academy Awards last night.

HIT Anne Hathaway, left. Finally, someone who knows what glitz and glam are all about. Hathaway makes the stars shine and the red carpet sparkle.

GETTY IMAGES PHOTOS

MISS Mickey Rourke, right. Rourke may have played a wrestler in The Wrestler but he certainly couldn't body slam a good suit.

HIT Evan Rachel Wood, right. If Oscar could talk he would be asking for your number. Wood brings soft, sexy and sophisticated to the festivities in a beige chiffon looker. Work it, girlfriend.

BEST Virginia Madsen, left. Lady in red plus blond bombshell equals fabulous. Madsen was the perfect picture in red satin and strapless.

WORST Beyoncé Knowles, left. Beyoncé mixes black with gold flower print. After you finish with the dress my upholsterer needs it to finish some couches.

MISS Viola Davis, left. Gold has just been devalued by 50 per cent. Davis shows why gold satin died in the '70s.

HIT Marion Cotillard, above. Drag queens would kill for a dress like this. Cotillard proves big is beautiful with black and blue.

HIT Amy Adams, left. Little Red Riding Hood move over, there's a new diva on the block. Adams certainly knows how to hold court in chiffon and corset.

MISS Miley Cyrus, left. Dressed in full gown and sequins means dressing down. She definitely learned something from her Vanity Fair cover.

MISS Sarah Jessica Parker, above. Fairy godmother headquarters called, you forgot your wand. Parker's strapless bustier and white gown has the making of a Walt Disney classic return of Cinderella.

Biggest winner? Or loser?
Mike Myers and his comedy The Love Guru, which won few fans at box offices, were named worst actor and worst picture of 2008 at the Razzie Awards Saturday, held one day before the world's top film honors, the Oscars. REUTERS

Box office

The top 10 films at the North American box office for the three-day weekend beginning Feb. 20, according to studio estimates:

1. **Madea Goes to Jail:** $41.1 million US
2. **Taken:** $11.4 million
3. **Coraline:** $11 million
4. **He's Just Not That Into You:** $8.5 million
5. **Slumdog Millionaire:** $8.1 million
6. **Friday the 13th:** $7.8 million
7. **Confessions of a Shopaholic:** $7 million
8. **Paul Blart: Mall Cop:** $7 million
9. **Fired Up:** $6 million
10. **The International:** $4.5 million

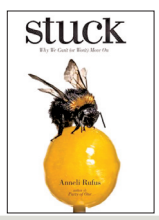
REUTERS

The ear of the beholder

The Jazz **Ear**

Author: Ben Ratliff
Publisher: Times Books
Price: $28 (Hardcover)

Channelling his New York Times critic colleague Michael Kimmelman, Times jazz critic Ben Ratliff uses jazz greats' subjective listening experiences to construct miniatures of musical masters in The Jazz Ear. Ratliff sits down with 15 jazz luminaries including Sonny Rollins, Maria Schneider and Hank Jones and asks them to choose five or six songs, not by them, to discuss how they've influenced each as artists. What ensues is a collection of biographical, candid and expressive vignettes of how jazz is appreciated by its champions and how differently musicians understand what music means to them.



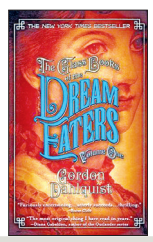
Stuck

Author: Anneli Rufus
Publisher: Penguin Canada
Price: $26.50 (Hardcover)

Like the bee pinned to a lollipop that graces its cover, Stuck explores why people become psychologically and physically immovable. American journalist and author Anneli Rufus mixes her own experiences with case studies and cultural observations to understand how feelings of paralysis can arise and how they can be contrastingly interpreted as both crisis and comfort. Stuck examines a spectrum of attachment from incessant indulgence in food and drugs to inescapable relationships.

BRIAN COULTON/FOR METRO CANADA

BookPicks



The Glass Books of the Dream Eaters: **Volume One**

Author: Gordon Dahlquist
Publisher: Random House
Price: $14 (Paperback)

The debut novel by award-winning American playwright Gordon Dahlquist is the genre-bending The Glass Books of the Dream Eaters, which marries historical fantasy with adventure mystery, plus a dash of steampunk-y science fiction. Set in a Victorian-esque London, the novel opens with Miss Celeste Temple receiving notification that her fiancée Roger Bascombe hankers to kill their engagement before the pair marries. Curious, Miss Temple follows her ex-lover from work to an Eyes Wide Shut-like ceremony, opening a plot-twisting world of eroticism and betrayal.

SAG rejects 'final' offer

NEGOTIATIONS The largest U.S. actors union Saturday rejected a "last, best and final" contract offer from major film and television studios, saying a late demand from their Hollywood bosses was a step backward.

The national governing board of the Screen Actors Guild, which represents some 120,000 actors, voted by nearly 75 per cent to decline the studio deal largely due to a change from producers calling for a new contract start date.

"The (studios') last-minute, surprise demand for a new term of agreement ... is regressive and damaging and clearly signals the employers' unwillingness" to strike a deal, SAG said in a statement.

The studios, which are represented by the Alliance of Motion Picture and Television Producers, responded quickly, saying in their own statement, "we simply cannot offer SAG a better deal" than one similar to those agreed to in 2008 by several other Hollywood trade unions.

For now, the two sides appear to be at a stalemate, again, in their long and bitter labour negotiations after the previous labor deal ended on June 30, 2008. A spokesman for the studios declined to comment beyond their statement and a SAG spokeswoman was not immediately available.

Three days of renewed talks between the parties ended acrimoniously Thursday after both bargained away key demands but could not seal a deal when the studios proposed that any new contract start roughly when it was signed.

SAG's negotiating task force balked, citing a long-standing practice of dating contracts retroactively using a start date that coincided with the end of the previous labour agreement. When those renewed talks broke down, SAG said it would submit the studios' final terms to the governing board.

The standoff has kept some film and TV production in limbo, and Hollywood remains concerned about a work stoppage like last year's screenwriters strike that cost the local economy as much as $3 billion by one estimate.

No date for new talks has been set and SAG soon enters a new round of negotiations. In the meantime, SAG members continue to work under their old contract. REUTERS

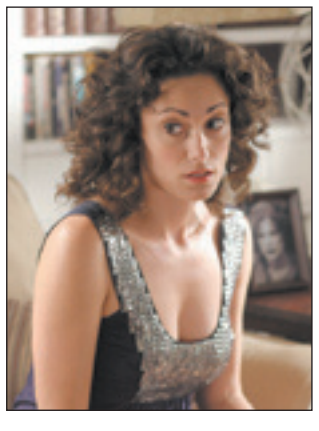
Timing

- The rejection by SAG's board came a day ahead of the glitzy Oscars, the world's top film awards, and is sure to spark more internal discourse among SAG's rank-and-file.

VA	Vu	SC	C	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
primetime 2/23/09	251	308	3 CBC	Coronation St.	Jeopardy! (N)	Little Mosque	Sophie (N)	Just for Laughs (N) (CC)		CBC News: The National (N)		(:05) The Hour
	255	358	6 JOY	E! News	The Insider	The Soup	How I Met	The Soup	Worst Week	Snoop Father	Snoop Father	News (N)
	254	-	8 M	Two-Half Men	Two/Half Men	Omni News: Mandarin Edition		News: Cantonese Edition		Omni News: Punjabi Edition		Metropia
	250	321	9 CTV	etalk (CC)	Hollywood	Big Bang Th	Gary Unmarr	Two/Half Men	Corner Gas	CSI: Miami (CC)		News (N)
	-	-	10 OMNI	The Daily	Frasier (CC)	The Practice "In Deep" (CC)		One Tree Hill (CC)		Scrubs (CC)	Randall Mark	New Day
	252	336	11 GTV	Entertainment	ET Canada	House "The Softer Side" (N)		Heroes "Cold Wars" (N)		24 "Day 7: 5:00PM - 6:00PM"		News (N)
	256	389	12 VI	Instant Star	TMZ (N) (CC)	Gossip Girl (CC)		Ghost Whisperer (CC)		Medium "...About Last Night"		News (CC)
	253	359	13 CITY	Law & Order: SVU		The Bachelor "The Women Tell All" (N) (CC)				True Beauty "Finale" (CC)		The List
	-	-	14 CW	Deal-No Deal	Deal-No Deal	Gossip Girl (CC)		One Tree Hill (CC)		Seinfeld	Seinfeld	Frasier (CC)
	289	381	15 CBS	KIRO 7 Special		Big Bang Th	How I Met	Two/Half Men	Old Christine	CSI: Miami (CC)		News (N)
	287	379	16 NBC	Evening Mag.	Inside Edition	Chuck (N) (CC)		Heroes "Cold Wars" (N)		Medium "...About Last Night"		News (N)
	602	568	19 W	Will & Grace	Friends (CC)	Clean	Kim	Love It or List It		Dollars	Smart Cookies	Maxed Out
	288	380	21 ABC	Wheel-Fortune	Jeopardy! (N)	The Bachelor "The Women Tell All" (N) (CC)				True Beauty "Finale" (CC)		KOMO 4 News
	-	-	23 KVOS	M*A*S*H	Seinfeld	White Chicks ★★ (2004) Shawn Wayans, Marlon Wayans.				King	Still Standing	Scrubs (CC)
	291	383	27 PBS	Steves Europe	Antiques	Antiques Roadshow "Wichita"		American Experience (N)		Eyes on the Prize II		Eyes on Prize
	290	382	28 FOX	Two-Half Men	Two/Half Men	House "The Softer Side" (N)		24 "Day 7: 5:00PM - 6:00PM"		News (N) (CC)		Family Guy
	-	364	43 PBS	Sphinx Competition Finals		Keeping Up	Being Served	Tavis Smiley	Charlie Rose (N) (CC)		Antiques Roadshow "Wichita"	
	296	654	34 SBK	Frasier (CC)	Frasier (CC)	Punk'd (CC)	South Park	Cheers (CC)	Half & Half	The Insider	Entertainment	Paid Program
	298	653	65 TLA	Two-Half Men	Two/Half Men	Gossip Girl (CC)		One Tree Hill (CC)		KTLA Prime News (CC)		Friends (CC)
	295	651	36 WGN	WGN News at Nine (N) (CC)		Family Guy	Two/Half Men	According-Jim	Sex and-City	Friends (CC)	Friends (CC)	My Wife-Kids
	297	652	67 WPX	PIX News at Ten Tong. (N)		Two/Half Men	Friends (CC)	Sex and-City	According-Jim	Foreclosed	Frasier (CC)	Odd Couple
	199	311	76 STR	News (N)	News		Late Show-Letterman		Late Late Show		Will & Grace	Seinfeld
news	502	390	26 NW	18 Pregnant Schoolgirls (N)		CBC News: The National (N)		CBC News: The National		18 Pregnant Schoolgirls		National
	500	500	33 CNN	Anderson Cooper 360 (CC)				Larry King Live		Anderson Cooper 360 (CC)		Cooper 360
sports	407	419	22 RSP	PartyPoker.net World Open IV		Hockey	Canucks TV	Best Damn Sports Show		Sportsnet Connected (Live)		Sportsnet
	400	400	30 TSN	(6:30) Curling 2009 Scotties Tournament of Hearts -- Draw 8. (Live) (CC)					SportsCentre	Billiards 2008 Mosconi Cup.		SportsCentre
	411	457	49 OLN	Bounty Hunter	Bounty Hunter	Survivorman (CC)		Mantracker "Chris and Brock"		Bounty Hunter	Bounty Hunter	Survivorman
	410	403	54 SCR	WWE Monday Night Raw		(:15) Score Tonight		WWE Monday Night Raw (CC)				Cabby Unlimit
	417	406	55 SC	Barrett-Jackson		Car Crazy	Pass Time	This Week in NASCAR		SuperCars	SuperCars	Auctions
	416	409	144 GLF	Fútbol Español		Gol TV News	Ole: La Liga (N)		Gol TV News	Paid Program	Gol TV News	Gol TV News
family	552	543	25 YTV	Adrenaline	Prank Patrol	Malcolm-Mid.	Futurama	Prank Patrol	Zixx Level	Falcon Beach (CC)		Mystery Hnt.
	555	545	50 TEL	Totally Spies	Total Drama	6TEEN (CC)	6TEEN (CC)	Futurama	Punch (CC)	Chicken	American Dad	Moral Orel
	557	541	51 FAM	Wizards-Place	Han. Montana	Zack & Cody	Latest Buzz	Wizards-Place	Life Derek	Ned's School	Cory in House	Zack & Cody
	553	546	53 TRE	Comfy Couch	Big & Small	Max & Ruby	Babar (CC)	Backyard	Dora-Explorer	Go, Diego, Go!	Franklin (CC)	Comfy Couch
cable variety	268	354	5 KNO	Undersea	Landscape	History of Britain (CC)		The Life of Errol Flynn		The Rock and Roll Kid (CC)		Haida Art
	575	583	20 CMT	Hope & Faith	Hope & Faith	Coyote Ugly	Coyote Ugly	Home Imp.	Home Imp.	Reba (CC)	Reba (CC)	Hope & Faith
	570	580	24 MM	MuchNews	Video on Trial	MuchVibe (CC)		So You Think You Can Dance (CC)				Dance
	600	564	29 H&G	Price	Petal Pushers	Holmes on Homes (CC)		Property	Income Prop.	House	For Rent	Price
	615	520	31 A&E	Paranormal	Paranormal	Paranormal	Paranormal	Intervention "Nicole" (CC)		Intervention (CC)		Paranormal
	628	584	32 SPKE	(6:00) Lucky Number Slevin ★★ (2006)			MANswers	CSI: NY "Jamalot" (CC)		Disorderly Conduct: Video		Videos
	521	560	34 TLC	Toddlers & Tiaras (CC)		Little People	Little People	Jon & Kate	Jon & Kate	Toddlers & Tiaras (CC)		Little People
	616	522	39 SHO	The Outer Limits (CC)		Kink in Hair	Kink in Hair	Kenny-Spenny	Rent-A-Goalie	Name Is Earl	Testees (CC)	House (CC)
	620	523	40 BVO	The Tunguska Project (CC)		Law & Order "Patriot" (CC)		Without a Trace (CC)		Broadway Danny Rose ★★★ (1984) (CC)		
	601	562	41 SLC	Project Runway Canada		ET Canada	Matchmaker	Project Runway Canada		Trading Spouses		Biggest Loser
	520	505	42 DIS	Guinea Pig	Guinea Pigs	Daily Planet (CC)		Dirty Jobs "Animal Barber"		Guinea Pig	Guinea Pigs	MythBusters
	522	506	44 HIS	NCIS "Minimum Security"		Battle 360 (CC)		Battlefield Mysteries (CC)		NCIS "Minimum Security"		Crime Stories
	627	528	45 SPC	Sarah Connor Chronicles		Stargate SG-1 Civilization.		Star Trek: Next Gener.		Star Trek: Voyager (CC)		Star Trek: Ent.
	294	650	47 TBS	Name Is Earl	Name Is Earl	Seinfeld	Sex and-City	Sex and-City	Austin Powers in Goldmember ★★ (2002) Mike Myers. (CC)			
	619	525	48 TROP	TV Made	News Show	Tube Tales	E News	Make	TV Made	Planet Soap	Reality	Deal-No Deal
	603	561	52 FN	Hell's Kitchen (CC)		Chef School	Chef School	Challenge "Villain Cakes"		Food	Road Tasted	Hell's Kitchen
	626	547	57 COM	Air Farce	Just for Laughs (CC)		Corner Gas	The Simpsons	South Park	Louis C.K.: Chewed Up (CC)		Daily Show
	320	621	60 CEN	Sanctuary "Nubbins" (CC)		U.S. of Tara	Secret Diary	ZOS Zone of Separation (N)		Brotherhood (CC)		Sanctuary
	581	566	101 MTV	The City	City Live After	MTV Live	MTV News	Making the Band 4 (CC)		The City	City Live After	MTV Live
	261	394	102 V	Twist of Faith	Clergy	Poltergeist: The Legacy		The Solid Gold Cadillac ★★★ (1956) Judy Holliday. (CC)				Paid Program
	-	-	109 MUL	Eight Heroes	Mom's-Upset	It Will Be Difficult to Love		Marimar		Pinoy: That's Entertainment		Patrol World

critics' corner

Sophie
Liar, liar, overalls on fire! Sophie (Natalie Brown) agrees to accompany Rick (Sebastian Spence) on a trip to the country to visit his aunt. But once there, she discovers Rick has been telling the home folks a pack of lies — which she now has to play along with. A shopping trip with Robbie leads Judith (Mimi Kuzyk) into a new vice in the new episode "Stolen Kisses." 8:30 PM on CBC



Medium
Allison (Patricia Arquette) wakes up in the middle of the night beneath a freeway overpass with no recollection of how she got there. That, as any defense attorney will tell you, is bad, especially when you start to think you may have killed a man with your car. Then Joe (Jake Weber) is frustrated when Ariel (Sofia Vassilieva) starts learning to drive. Let's hope Allison isn't teaching her. 10 PM on NBC, VI

GlobalStyle

Kenya Hunt

Kenya wraps up New York Fashion Week at metronews.ca/globalstyle

See complete online movie listings, trailers, reviews and purchase tickets at metronews.ca/movies

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Aiken parts ways with RCA
The rumors started when his likeness was removed from his record's website and now Clay Aiken is setting the record straight: The former American Idol has parted ways with RCA Records, Aiken's rep has confirmed. **PEOPLE.COM**

Celebrity Buzz

Rihanna speaks out after alleged assault

PEOPLE Rihanna spoke out for the first time since allegedly being assaulted by Chris Brown, issuing a statement of thanks to her fans, people.com reports.

"At the request of the authorities, Rihanna is not commenting about the incident involving Chris Brown," says the statement from her rep on Friday. "She wants to assure her fans that she remains strong, is doing well, and deeply appreciates the outpouring of support she has received during this difficult time."

The statement came on her 21st birthday and a day after she was spotted in Los Angeles after spending nearly two weeks in seclusion.

The singer was photographed Thursday heading to an airport the same night a graphic photo reportedly showing her battered face surfaced on the Internet, upsetting her father, who criticized police for their "sloppy work."

Prior to the statement, neither Rihanna nor her representatives had commented since the arrest of Brown, 19, on Feb. 8

On Friday, friends in Rihanna's native Barbados marked her birthday by taking out an ad in the local paper wishing her a happy 21st "amidst all the negativity about Ri Ri. God will continue to bless her."

METRO NEWS SERVICES

GETTY IMAGES PHOTOS

Rourke's tribute to Roberts

PEOPLE Mickey Rourke paid a bizarre tribute to actor pal Eric Roberts at the Independent Spirit Awards — urging filmmakers to give him a chance and cast him in movies, female-first.co.uk reports.

After taking to the stage to collect the best male prize for his role in the Wrestler, Rourke addressed Roberts in the crowd.

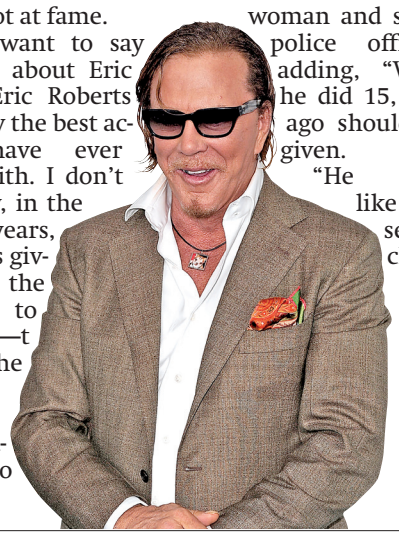
Referring to his own dramatic comeback, he begged directors to give Roberts — his co-star in 1984 movie The Pope of Greenwich Village and 2002's Spun — a similar second shot at fame.

"I just want to say one thing about Eric Roberts. Eric Roberts is probably the best actor I have ever worked with. I don't know why, in the last 15 years, no one has given him the chance to show his s—t again," he said.

Rourke then alluded to Roberts' 1987 arrest for harassing a woman and striking a police officer, by adding, "Whatever he did 15, 20 years ago should be forgiven.

"He deserves, like I got, a second chance."

METRO NEWS SERVICES



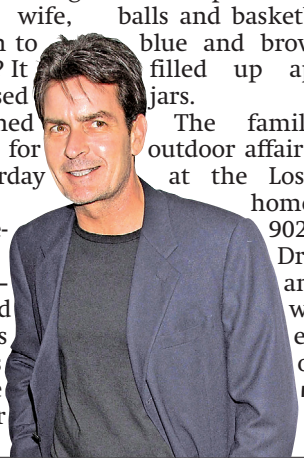
High hopes for twin sons

FAMILY Is Charlie Sheen hoping for a couple of sluggers when his wife, Brooke, gives birth to twin boys in April? It would seem so based on the sports-themed baby shower held for the couple on Saturday afternoon, people.com reports.

At the party — which was attended by a variety of stars including Paris Hilton, Eric Dane and baseball star Barry Bonds — kids decorated cupcakes with baseballs and basketballs, and blue and brown candy filled up apothecary jars.

The family-friendly outdoor affair was held at the Los Angeles home of Dr. 90210 star Dr. Nassif and his wife Adrienne Maloof-Nassif.

METRO NEWS SERVICES



Baby No. 2 for Richie and Madden

BABY With a one-year old and a new baby on the way, Nicole Richie and Joel Madden are going to have their hands full.

In a blog posting on his band's website, the Good Charlotte frontman writes: "What's better than winning an Oscar? I am so happy to tell everyone that Harlow is going to be a big sister! God has truly blessed my family. Hope your (sic) all feeling as good as i am right now."

The happily unmarried couple welcomed daughter Harlow on Jan. 11, 2008.

Richie, 27, and Madden, 29, have been together since December 2006.

METRO NEWS SERVICES

Bon Jovi fears losing his hair

IMAGE Jon Bon Jovi is not a fan of what's been happening to his hairline. The rocker, who sported an impressive mane back in the '80s, has been looking for ways to slow or stop the recession. "Oh, let me tell you, I am so worried," he says, according to Exposay.

"I look at guys like Sting and think, 'Well, he's cool about losing his hair.' But I'm already losing a bit and I'm so aware of it."

Bon Jovi says he even massages his scalp every day to encourage the hair to grow back.

METRO NEWS SERVICES

Miley defends 'close' relationship with dad

FAMILY Miley Cyrus has defended the loving relationship she enjoys with her father Billy Ray Cyrus — insisting their closeness is completely normal, femalefirst.co.uk reports.

The Hannah Montana star is frequently at her musician father's side in public — even inviting him to star on the hit Disney show as her on-screen dad.

She also posed with Billy Ray for a series of snaps in Vanity Fair magazine last year, which showed Miley reclining against her dad as he puts his arm around her shoulder.

The shots were slammed by critics because of the pair's father-daughter relationship, but in her new memoir, Miles To Go, the teenager hits back.

She writes, "The media has said some stuff about my dad and me being too close and too cuddly for a father and a daughter. For me and my dad it's not weird at all."

METRO NEWS SERVICES

Woman caller claims to be Brit

MYSTERY A woman claiming to be Britney Spears has been calling an L.A. law firm late at night asking for representation in a bid to break free from her father's control — and some believe it's actually Spears.

E! News reports that they have heard the messages saying Britney is seeking a way to end Jamie Spears' control over her finances.

In the first message, left at 1:34 a.m. on Jan. 19, the woman says, in a hushed tone, "Hi, this is Britney Spears. I want Jon Eardley … to represent me as co-appointed attorneys for my best interest and best wishes. Goodbye."

METRO NEWS SERVICES

The Weather Network
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Today: Rain 70% 9° / -1°
Tuesday: Rain 90% 5° / -4°
Wednesday: 90% 10+cm of snow -1° / -2°

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Take Five

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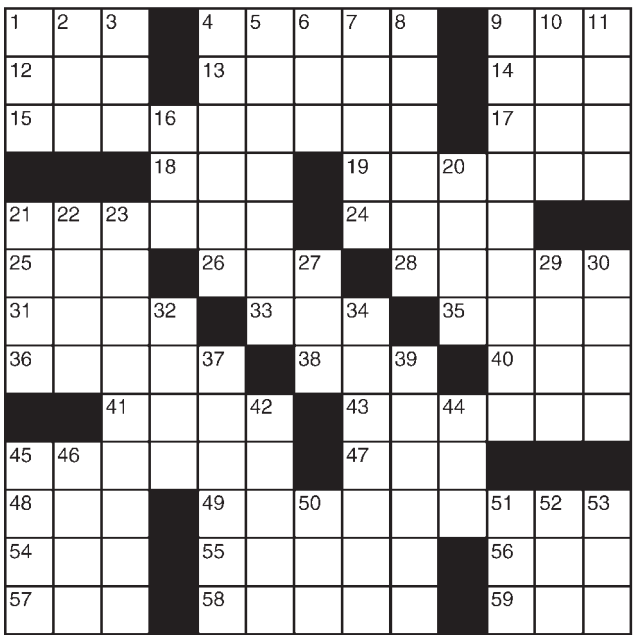

Crossword across

1 "The loneliest number"
4 "Danny Boy" musicmakers
9 Definite article
12 Supporting
13 Lifeless, old-style
14 Tier
15 Happen
17 Gorilla
18 Can. neighbor
19 First game of the season
21 Denim, e.g.
24 Fishing equipment
25 Bobby of hockey
26 Fresh
28 Fleet-related
31 Harvest
33 Legislation
35 Long skirt
36 Forbidden acts
38 Speck
40 Every last bit
41 Totals
43 Multicoloured
45 Stratagem
47 Jackie's second mate
48 Blackjack component
49 Change from one language to another
54 Coffee vessel
55 Greeting
56 Meadow
57 Danson or Kennedy
58 Convinces
59 Vanna's cohort

Crossword down

1 Frequently
2 Neither partner
3 Historic time
4 Relay
5 Put on a jury
6 Hawaiian side dish
7 Mistake
8 Squelch, in a way
9 Pretoria's region
10 Optimist's feeling
11 Basin accessory
16 Pecan or almond
20 Dutch cheese
21 Old, stale jokes
22 Sandwich cookie
23 Exceed
27 Bankroll
29 Wheel holder
30 Easter flower
32 Sulk
34 Feminine
37 Metal workers
39 Human trunks
42 Threaded nail
44 Up to
45 Tense
46 Farm fraction
50 Carte lead-in
51 Matterhorn, for one
52 Afternoon social
53 Have a bite

Sudoku

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

			6			8		
1		3		2			6	
5			4			7		
		5		3	9			4
	4						1	
8			2	4		3		
		7			2			8
	3			1		5		7
		9			6			

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

O	R	B		R	P	M		P	A	P	E	R		
B	A	A		A	L	I		A	R	R	A	Y		
E	B	B		M	A	N	T	I	C	O	R	E		
A	B	E		S	N	E	E	R						
H	I	S	S		E	R	A		K	I	D	S		
			O	F	T		M	A	N	D	E	L		
A	M	I	N	O			R	O	O	M	Y			
M	A	N	N	E	R		S	E	C					
P	O	N	Y		I	I	I		K	I	N	D		
				M	O	O	L	A		M	O	O		
M	A	N	H	A	T	T	A	N		B	O	W		
A	L	I	A	S		A	G	E		U	S	E		
P	E	L	T	S		S	E	W		E	E	L		

3	8	7	4	5	9	1	2	6
2	6	4	7	1	3	5	9	8
1	9	5	8	6	2	3	4	7
5	3	8	1	9	6	2	7	4
4	1	2	5	7	8	9	6	3
9	7	6	3	2	4	8	5	1
8	2	9	6	3	7	4	1	5
7	4	1	2	8	5	6	3	9
6	5	3	9	4	1	7	8	2

Find today's answers + play more games at metronews.ca

SUDOKU SOLVE TIME:
Under 13 min .....Genius
13-17 min.....Scholar
17-21 min .....Smart
21-25 min .....Not bad
25+ min.....Keep practising

Metro Recipe of the Day

Tarragon Chicken with Creamy Vegetables

INGREDIENTS:
1-1/2 lb (750 g) new potatoes, scrubbed
4 large carrots, peeled
4 skinless, boneless chicken breasts (about 5 oz/150 g each)
1 tsp (5 ml) olive oil
1 tbsp (15 ml) lemon juice
1/4 cup (50 ml) chopped fresh tarragon or 2 tsp (10 ml) dried tarragon
3/4 cup (175 ml) light sour cream
2/3 cup (150 ml) diluted salt-reduced chicken stock
1 garlic clove, crushed
4 scallions, finely chopped

METHOD:
1. Put potatoes in a pot of lightly salted boiling water. Bring back to boil, then reduce heat and simmer 7 minutes. Add carrots and simmer 5 minutes. Drain and leave until cool enough to handle.
2. Meanwhile, place chicken breasts in shallow dish. Mix oil, lemon juice and 1 tbsp (15 ml) chopped fresh tarragon (or 1 tsp/5 ml dried) with a little salt and pepper. Drizzle over chicken and turn to coat. Cover and set aside to marinate in refrigerator. Preheat oven to 375 F (190 C).
3. Peel and thinly slice potatoes. Thinly slice carrots. Whisk sour cream into stock, then stir in garlic, scallions and half of remaining fresh tarragon or remaining 1 tsp (5 ml) of dried tarragon.
4. Roughly layer potatoes and carrots alternately in lightly greased, shallow ovenproof dish, spooning a little sour cream mixture over each layer. Finish with potato slices covered in remaining sour cream mixture. Cover dish with foil. Bake 35–40 minutes.
5. Arrange chicken on top of potatoes and re-cover with foil. Bake for 25–30 minutes until chicken is cooked through (the juices will run clear when chicken is pierced with a skewer). Scatter over the remaining tarragon.

SERVES 4

rd.ca
For nutritional information on this and other great recipes, go to **rd.ca** or check out **Key Ingredients in this month's Reader's Digest, on newsstands now!**

Horoscopes

AVATAR VENUS

ARIES
MARCH 21-APRIL 20
Avoid bearing the brunt of sarcasm. Someone hammers away at a brilliant person's flaws. Get an update on a jittery situation from scowling people.

TAURUS
APRIL 21-MAY 21
A belligerent call changes your life. Be aware of your motivations when over-eating. Your stubbornness causes the critical washout of a good plan.

GEMINI
MAY 22-JUNE 21
Take cover when a woman makes insinuations. An annoying friend helps you fulfill your ambitions. Ask a care-giver to devise a temporary solution.

CANCER
JUNE 22-JULY 22
A ringleader commits a foolish act. It's a good time to put a collection in a safe place. Strange adventures will transform your life.

LEO
JULY 23-AUG 23
Your moodiness melts away if you ask for a massage. A friend calls to complain about unfairness. A self-conscious buddy might make a tragic mistake.

VIRGO
AUG 24-SEPT 22
Unpredictable energy could lead to an exotic fling. Paranoid rumours leave people exhausted. A friend's mental haze will be hard to break through.

LIBRA
SEPT 23-OCT 23
Don't send mixed messages. Someone's bizarre choice of amusements will be confusing. A storage area is the setting for a complicated incident.

SCORPIO
OCT 24-NOV 22
Help someone to make a satisfying deal. An inattentive dimwit won't understand an insult. Avoid any unreasonable people who try to alarm you.

SAGITTARIUS
NOV 23-DEC 21
All is not what it seems. There's an unexpected arrival when somebody takes a walk. Don't worry; good luck is flowing in your direction.

CAPRICORN
DEC 22-JAN 20
An unhappy friend has issues with a nice-looking guy. Explaining weariness can be more fun than expected. A freeloader has boundary issues.

AQUARIUS
JAN 21-FEB 18
Resist over-indulging to soothe sad feelings. Don't search for a way to win in a crisis. Keep the secrets of your love life to yourself.

PISCES
FEB 19-MARCH 20
A coveted prize unexpectedly comes your way. A marriage ends in confusion. A cunning person will cause someone to fall out of favour.

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